



NEWMARKET SKATING CLUB

JUNIOR INFORMATION SEMINAR



NEWMARKET SKATING CLUB

- In operation since 1953
- One of the largest Skate Canada clubs in Canada
- Excellent Skate Canada trained and certified coaching staff
- Programs follow the Skate Canada LTAD Model (Long Term Athlete Development Model)
- Dedicated, volunteer executive members



ACCESS TO INFORMATION

- Web Site: www.newmarketskatingclub.com
- Coaches
- Executive members
- Other parents (be careful – they may know less than you)



JUNIOR GROUPS

- Groups for Freeskate, Dance and Edges & Turns
- Mondays – Stage 6 and Dance groups
- Tues & Thur – Freeskate and Dance groups
- Saturday – only Freeskate groups
- Edges & Turns taught by 2 coaches; first 15 minutes of each session



EDGES & TURNS

- Formerly known as Stroking sessions, Edges & Turns are sessions taught in a group format. At the Junior level, it will be the first 15 minutes of each session and taught by two club Professional coaches. Focus will be on proper pushing technique, edges, power, turn quality, balance and step sequences.



New Star 1-5 program

STAR 1 to 5 offers a solid development pathway for skaters who are entering a figure skating program for the first time.

The STAR 1-5 program will introduce skaters to the sport of figure skating and its disciplines:

Freeskate, Skills, Dance and Synchronized Skating
(optional)



BADGES

- Stages 1 through 6 in Canskate
- Dance badges – Dutch Waltz, Canasta, Baby Blues given at test day
- Jump, Spin and Field Moves badges for purchase
- Freeskate, Dance and Skills badges for purchase
- Coming soon; Star 1-5 ribbons/badges



COACHING & PRIVATE LESSONS

- Must have a private coach to try a test. Your coach will decide when the test is ready. There is a fee for each test.
- Website and Winter brochure lists all coaches emails, phone numbers and what they teach (eg. freeskate, dance, skills)
- Arrangements are between you and the coach



MOVING "UP"

- Next level is Intermediate
- No group instruction
- Move at the start of a new session – not mid-season unless space available (by invitation)
- December tests determine Spring School
- March/May tests determine Winter School



TEST DAYS

- Test Days – Oct, Dec, Mar, May, June, July, Aug
 - Weekday, day time
 - Must arrive 45 minutes before test
 - Must wear skating attire, hair pulled back
 - Skater waits for results after the test
- Test lists must be submitted by coaches three weeks prior to Test Day
- The testing format for Star 1-5 level skaters will be changing soon. Stay tuned for more information (october/November) *coach assessed system*



PROGRAM ASSISTANTS

- Volunteer skaters – trained and monitored
- Hand-picked older, higher level skaters for Junior P/A's
- Significant commitment from these skater's and their parents



EQUIPMENT/CLOTHING

- Name tag is important
- Good quality figure skates with ankle support are important (new or used)
- Skating etiquette – no jeans, need to see legs/knees moving, hair should be tied back
- Used clothing sale in mid-end of October



AWARDS BANQUET

- Every skater from Junior level and up who are registered for the Fall/Winter session is invited to attend the Banquet
- Family and friends purchase tickets (skaters purchase tickets at a reduced price)
- Dress up, fun night out



CARNIVAL

- Carnival is held every other year, next Carnival is scheduled for April 2017
- Large audience for both shows
- An amazing experience for all skaters
- Fabulous costumes, music, choreography
- All skaters are encouraged to participate
- Parental involvement is appreciated and necessary for the success of the show



PARENT VOLUNTEERS - WE NEED YOUR HELP!

- Newmarket Skating Club is a not for profit organization run by volunteers
- All events require several volunteers (Banquet, Funfest, Carnival, Development Team, Tunnel Monitoring, Executive)
- Please contact Pam Arsenault if you are interested in volunteering at volunteers@newmarketskatingclub.com



FUNFEST

- Early March, Forhan arena (alternating years with Carnival – next Funfest is March 2018)
- Deadline for entries – 3 weeks before
- Events in freeskate, elements and dance
- Variety of fun team events
- Every skater is invited to participate
- Club T-Shirt, medals, ribbons



DEVELOPMENT TEAM

- New initiative in 2012
- Create enthusiasm, excitement, "team" spirit, sense of community
- Seminars and education in off ice training, nutrition and goal setting
- Recognition, peer support and pride in our skaters and our Club
- Monthly team events



SKATE SHARPENING

- Very important at the beginner level – critical at the higher levels
- Ask your coach who they prefer
- AdvantEdge (Barrie) 705-734-0456
- Bob Emerson (Richmond Hill) 416-520-8978
- Jake's Skate Sharpening (Thornhill) 905-889-3276
- Chad Mathieu (Canadian Tire, Newmarket)
chad.mathieu@ctas69.com



NSC "SCHOOLS"

- **Fall/Winter program**
 - Figure Skating begins early September
 - Learn-To-Skate programs begin late September
 - Winter programs end just before March Break
 - Modified schedule when no learn-to-skate programs
- **Spring program**
 - mid-March to mid-June – non-Carnival year
 - mid-April to mid-June – Carnival year
- **Summer program** – skating only, half day camp, full day camp – Kidskate, Canskate and Starskate